



GOLDEN ERA
TAROT

Come Home TO YOURSELF

A VINTAGE GUIDE TO FINDING CLARITY
DURING UNCERTAIN TIMES



by

GOLDEN ERA TAROT

REFLECT * REALIGN * RISE



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Welcome HOME

I'M SO GLAD YOU'RE HERE.

This guide was created as a gentle companion for the moments when life feels uncertain and you're searching for answers.

Inside these pages, you'll find reflections, tarot insights, and soul-nourishing practices to help you slow down, reconnect with your inner wisdom, and come home to yourself.

YOU ALREADY HAVE WHAT YOU NEED.

This guide is here to help you remember that. ♥

Take your time. There's no rush. Let this be a space where you can breathe, reflect, and realign with what truly matters.

Let's begin.

xo,

Nadine Spencer

FOUNDER, GOLDEN ERA TAROT



CLARITY ISN'T ABOUT HAVING ALL THE ANSWERS.

✧ *It's about trusting yourself to find the next right step.* ✧

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Why UNCERTAINTY FEELS SO HEAVY

WHEN LIFE FEELS UNSURE, OUR MINDS
WANT CLARITY—YESTERDAY.

We crave certainty because it makes us feel safe. But when the path ahead is foggy, it's easy to spiral into overthinking, self-doubt, and fear of making the wrong choice.

The truth is, uncertainty is not the enemy. It's a doorway.

It invites you to slow down, listen inward, and trust that you already carry the wisdom you're seeking.

A Gentle Reminder

YOU DON'T NEED ALL THE ANSWERS TODAY.

You just need to come back to yourself.



REFLECTION

WHAT DOES UNCERTAINTY USUALLY TRIGGER FOR YOU?

WHAT STORY DOES YOUR MIND TELL YOU WHEN YOU DON'T HAVE ANSWERS?

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FEAR vs. *Intuition*

TWO VOICES. TWO VERY DIFFERENT MESSAGES.

When we're uncertain, it can be hard to know which voice to trust.
Let's look at the difference.

FEAR SOUNDS LIKE:



WHAT IF IT ALL GOES WRONG?

Fear focuses on worst-case scenarios.



I'M NOT GOOD ENOUGH.

Fear feeds doubt and makes you shrink.



I HAVE TO FIGURE THIS OUT NOW.

Fear creates urgency and pressure.



I'LL NEVER BE OKAY.

Fear expects the worst and steals your peace.



I NEED SOMEONE TO TELL ME WHAT TO DO.

Fear looks outside of you for answers.

INTUITION SOUNDS LIKE:



WHAT FEELS ALIGNED FOR ME?

Intuition brings you back to what feels true.



I AM LEARNING AND GROWING.

Intuition reminds you that you're always evolving.



I WILL TAKE ONE STEP AT A TIME.

Intuition trusts timing and divine flow.



I TRUST THAT I'M BEING GUIDED.

Intuition brings peace and inner clarity.



I WILL LISTEN TO MY INNER KNOWING.

Intuition lives within you. You already know.

Here's the truth:

Fear wants to protect you by keeping you small.
Intuition wants to guide you back to yourself.

One keeps you in the past.
The other invites you forward.

YOU GET TO CHOOSE WHICH VOICE YOU LISTEN TO.

REFLECTION

What's something you've been experiencing that might actually be fear, not intuition?



THE *Come Home* RITUAL

A RETURN
TO YOU.

FIVE GENTLE STEPS TO RECONNECT WITH YOUR INNER WISDOM

This ritual is a loving pause. A way to hear yourself again and make choices that feel true.



1 *Create a Sacred Space*

Find a quiet space where you feel safe and undisturbed. Light a candle, play soft music, or do whatever helps you settle in.



2 *Ground & Breathe*

Take a few slow breaths. Inhale peace. Exhale everything that isn't yours to carry. Come back to your body. You're here now.



3 *Draw One Card*

Ask: "What do I need to know right now?" Pull one card. Let the message be a mirror, not a prediction.



4 *Journal Honestly*

Write whatever comes up. The thoughts, the feelings, the questions. Let it all out. There are no wrong words here.



5 *Listen & Trust*

What feels true for you right now? What wants to be released? What wants to be nurtured? Trust the answer you receive.



Remember:

This isn't about getting the "right" answer. It's about coming home to the part of you that already knows.

*You are your own best guide.
You are allowed to trust yourself.*



SEVEN QUESTIONS *That Bring You* BACK TO YOURSELF

These prompts are here to help you reconnect with what really matters. Take your time. There are no right answers—only your truth.

1  WHAT DO I NEED MOST RIGHT NOW?

2  WHAT FEELS HEAVY THAT I'M READY TO RELEASE?

3  WHAT WOULD I CHOOSE IF I TRUSTED MYSELF COMPLETELY?

4  WHAT SMALL STEP WOULD MAKE TODAY FEEL MORE ALIGNED?

5  WHAT BRINGS ME JOY, PEACE, OR EXCITEMENT THAT I WANT MORE OF?

6  WHAT AM I READY TO BELIEVE ABOUT MYSELF AGAIN?

7  WHAT IS MY HEART TRYING TO TELL ME THAT MY MIND KEEPS IGNORING?



Remember

CLARITY DOESN'T COME
ALL AT ONCE.

*It unfolds gently when
you create space
to hear yourself.*





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One Card REFLECTION

ONE CARD. ONE MESSAGE.
A MIRROR FOR YOUR INNER WORLD.

Draw one card and take a few deep breaths.
Let the message be exactly what you need
to hear right now.

My Card



Take a Moment

WHAT DOES THIS CARD
SAY TO ME RIGHT NOW?

WHAT TRUTH IS THIS CARD
REFLECTING BACK TO ME?

HOW CAN I APPLY THIS MESSAGE
TO MY LIFE TODAY?

WHAT IS ONE THING I CAN DO
TO HONOUR THIS MESSAGE?

TIP

There are no wrong interpretations.

*Trust your first impression. You already
know more than you think.*

PAUSE

BREATHE

LISTEN

TRUST

BECOMING THE *Person* YOU TRUST

CLARITY ISN'T JUST ABOUT KNOWING.
IT'S ABOUT CHOOSING YOURSELF
AGAIN AND AGAIN.

When we're uncertain, it's easy to abandon
ourselves, second-guess our intuition, and
look outside for validation.

Self-trust is built in the small moments.

Self-Trust Looks Like:



Keeping promises to yourself,
even the small ones.



Honouring your boundaries
without guilt.



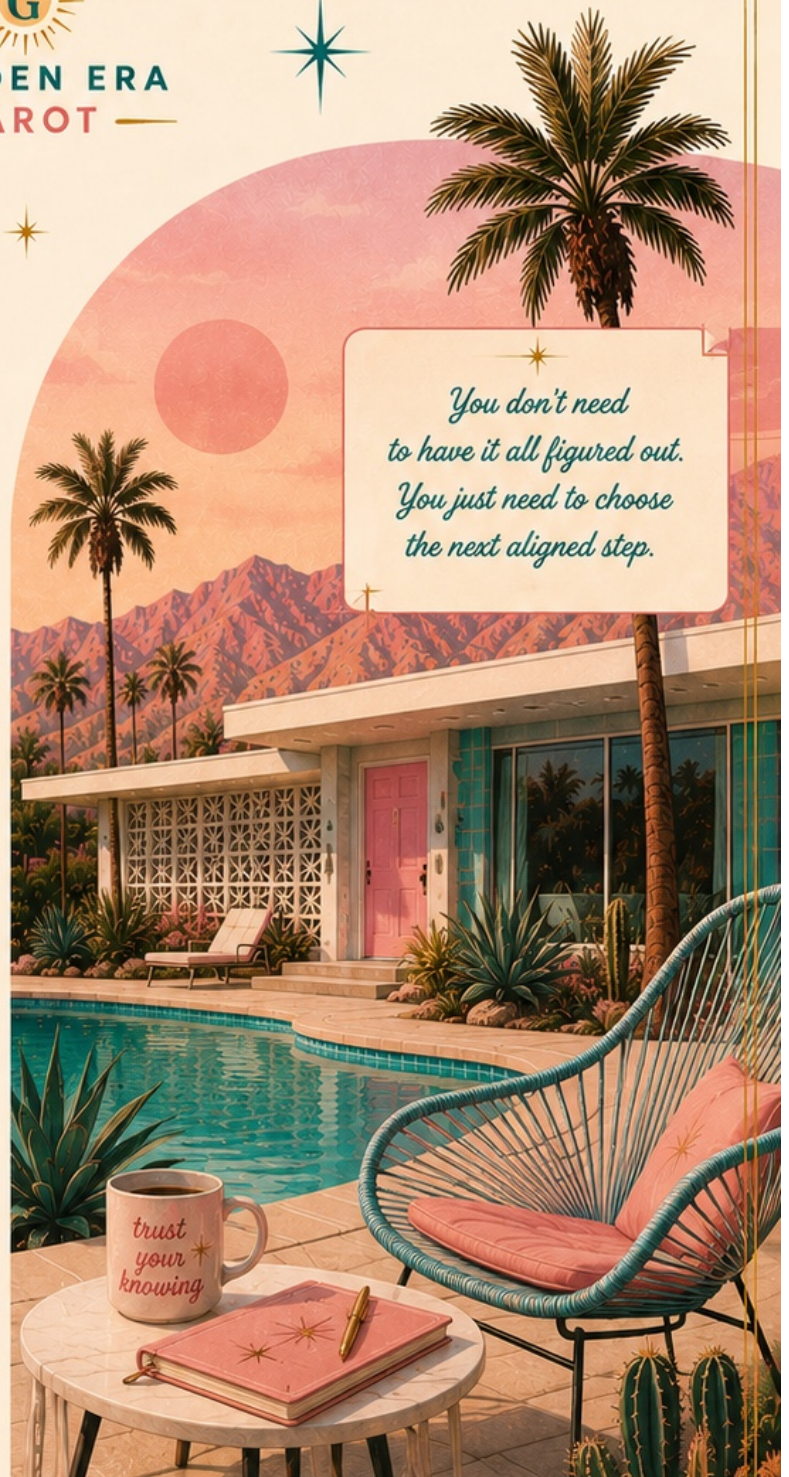
Listening to your intuition,
especially when it's quiet.



Choosing what feels aligned,
not what looks good.



Giving yourself grace as you grow.



*You don't need
to have it all figured out.
You just need to choose
the next aligned step.*

One Aligned Action

WHAT IS ONE SMALL, LOVING ACTION YOU CAN TAKE TODAY
THAT HONOURS THE PERSON YOU ARE BECOMING?



REMEMBER

You are allowed to take
up space. You are allowed
to change your mind.
You are allowed to put
yourself first.

*You are allowed
to come home
to yourself.*





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Your GOLDEN ERA Manifesto

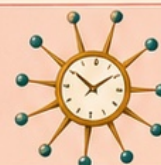
THE PROMISES YOU MAKE TO YOURSELF
BECOME THE LIFE YOU CREATE.

- ☐ I trust myself to make aligned decisions.
- ☐ I release what no longer serves me.
- ☐ I don't chase certainty—I create it.
- ☐ I honour my intuition.
- ☐ I choose peace over people-pleasing.
- ☐ I believe my timing is unfolding perfectly.
- ☐ I am worthy without proving myself.
- ☐ I can pause before I react.
- ☐ I trust my inner wisdom.
- ☐ I am coming home to myself.



Today I choose to become someone who...

*Your Golden Era begins the moment
you trust yourself.*



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You're **ALREADY** *Becoming*

THIS IS YOUR RETURN.
TO YOURSELF.

Every time you pause, listen, and choose yourself,
you're stepping into your Golden Era.
Trust the process. Trust you. You've got this.

Keep Coming Home



Return to this guide whenever
you need clarity.



Revisit your rituals and reflections.
You will keep receiving new insights.



Book a tarot reading for deeper
guidance and support.
goldeneratarot.com



You are not behind.
You are becoming.
And your Golden Era is now.

Thank You

FOR CHOOSING YOU.
FOR COMING HOME TO YOURSELF.

REFLECT

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REMEMBER

You are the one you've been waiting for.
You hold the wisdom.
You hold the power.

You are your own magic.

